

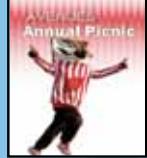


# Avenues to Community, Inc.

Supporting Individuals with Developmental Disabilities and Traumatic Brain Injuries

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## What will happen to my Support Broker?

A Message from Executive Director, Kevin Keisling

As we learn more about Dane County's transition into Family Care and IRIS in 2018, a question that many of us have in common is "what will happen to my Support Broker?" Currently, the Support Broker fulfills the case management requirement for the Community Integration Program (CIP) funding that people who are eligible for long-term care services receive in Dane County. The CIP funding will be ending in 2018 and will be replaced with Family Care and IRIS. As a result, the current role of the Support Broker will be ending as well.

The good news is that there will be opportunities for Avenues Support Brokers to work as IRIS Consultants with an IRIS Consultant Agency (ICA) or as Care Managers with a Managed Care Organization (MCO). There is also a possibility that Avenues will be able to contract with an ICA or an MCO for these services. Furthermore, Avenues currently provides Support Broker services to people in IRIS who live outside of Dane County. Although our role as Support Broker in IRIS is different than it is under CIP, I am anticipating that Avenues will be able to continue to provide this service after the transition.

Currently, we do not know which ICAs or MCOs will be operating in Dane County. Once we do know what our new role will be, we will not be able to share this information with you.

Guided by federal law, the Wisconsin Department of Health Services wants to ensure that people eligible for long-term care services receive unbiased information regarding their options and that they have the freedom of choice, without being unduly influenced, to receive services from any willing provider.

Regardless of what our role might be in the future, Avenues Support Brokers want to help the people that we currently serve to prepare for the transition into Family Care and IRIS. Throughout 2017 Avenues Support Brokers will be helping people create a one-page profile. Every profile will be unique and individualized. This profile is not necessarily a service plan or listing of outcomes. Rather, it is intended to emphasize those things that are important to each person, such as involvement in the community, goals and dreams for the future, and maintaining health and safety. An example of a one-page profile can be found on pages 4 & 7 of this newsletter.

The biggest concern with change is the uncertainty that comes along with it. Preparing for this change by gathering information, asking questions, and actively planning will help to reduce this uncertainty. Maintaining the highest standards for community involvement for people with disabilities is not only an expectation of the citizens of Dane County and of Wisconsin, it is a fundamental right. We hope that whatever this change may bring, there is an investment in and commitment by all providers and stakeholders to support this fundamental right.

# Congratulations!



In Spring of 2016 Pam S. celebrated 25 years of working part time at the Dane County Sheriff's Department. Pam's job duties include organizing files and microfilm as well as applying dates, stamping, and affixing labels to mail and return envelopes. She also prepares paper for shredding as needed. Pam continues to enjoy her job and has a fondness for the long-standing relationships she has developed with fellow co-workers over her years of service. Congratulations on your years of success Pam!

By Susan Watson

By Angie Dickens  
Channels to Employment

"You're working!" This is the cheerful greeting, always delivered with a big smile, which Philip gives his co-workers and job coaches at St. Mary's Hospital every day. Philip is celebrating his 25th work anniversary at St. Mary's this month. Many things have changed since Philip started working in the surgery and care center, including learning his way around a brand new facility within his department, but Philip's enthusiasm for his job has remained a constant. Philip is a man on the move. He makes certain the Surgery and Care Center is stocked with refreshments and snacks for patients, warm blankets so patients stay toasty, and he makes sure every patient has a special mug to commemorate their stay at St Mary's. Philip is a great navigator; he makes delivery runs to two other departments. Last but not least, if you need a prediction for the next big Badger game Philip is the man to talk to. Congratulations, Philip, on a job well done and on your many years of service at St. Mary's!

## LOV - Dane By Bruce Moffat



Our family has been involved with LOV-Dane since shortly after its inception in 2009. This group of families seeks to work together to improve the lives of their young adults with disabilities, be it social connections, transitioning from school to supported employment, or moving into an independent living setting.

For us, having a group of people with whom Valeria can socialize has been nice. We have participated regularly in quarterly potluck events, as well as weekly bowling in the winter and spring. More recently, we went through a five-part learning series with seven other families to begin anticipating what living independently would entail for Valeria - socially, logically, and financially. It was a unique opportunity to work with our broker, Brian Doering, to focus our energies on this medium-term goal for Valeria. It's also helped us see that we need to work in the shorter-term to equip her for such an eventuality. Through LOV-Dane, we currently have

a mentor - a young woman who successfully transitioned to life in her own apartment - who is helping Valeria learn cooking skills. At the same time, she's helping Valeria imagine what it might look like in practical terms to live without Mom and Dad. It will happen eventually, thanks to the march of time. This exploratory process with other families is helping us to make it a more planful, and hopefully more successful, process.



# TORCH RUN



The Law Enforcement Torch Run® (LETR) took the Flame of Hope from Madison to the Opening Ceremonies of the State Summer Games in Stevens Point that began on June 9, 2016. The event is organized by Special Olympics Wisconsin. This year marked the 30th anniversary of this run and Special Olympian Stephanie E. proudly led the ceremonial run around Madison Capitol square, handed the torch to bicyclists, who then transported the torch to Stevens Point to let the games begin!

According to [www.specialolympics.org](http://www.specialolympics.org), the mission of LETR is to raise awareness and funds for the Special Olympics movement. LETR began in 1981 when Wichita, Kansas Police

Chief Richard LaMunyon created the Torch Run. He thought the Torch Run would help law enforcement be active in the community and support Special Olympics Kansas. In 1983, Chief LaMunyon presented the program to the International Association of Chiefs of Police (IACP). They decided to endorse the Torch Run and became the “Founding

Law Enforcement Organization.” With the IACP’s support, LETR became the movement’s largest public awareness and fundraising group for Special Olympics.



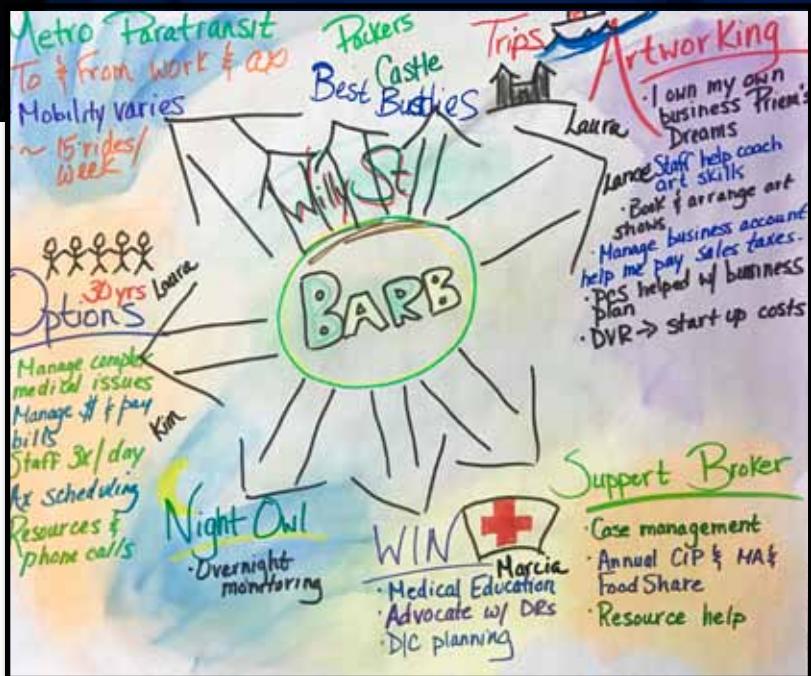
Madison’s police chief Mike Koval gave a rousing speech to an upbeat and appreciative audience. Fellow officers attended the event, including a newly acquired German Shepherd in training.

# ONE PAGE PROFILE

By Andrea Gehling

As 2017 begins, your Avenues Support Broker will be working with you and your team to develop a one page profile. It will help paint a picture of how all the different parts of your life work together. It will include a map of who helps you each day and with whom you like to spend time. Your Support Broker will help you think about what things are important to you as well as what you need to be safe and healthy. Below is a list of questions you and your team may want to think about before developing your One Page Profile.

- Who does the individual like to hang out with and where do they like to go?
- Where and with whom does the individual live?
- What support does the individual need to live in their community?
- What do people like and admire about the individual?
- What would the best day be like for the individual?
- What activities does the individual find meaningful?
- How does the individual get to and from different locations?
- What does the individual do for work?
- What are things you might want to be different in the future?

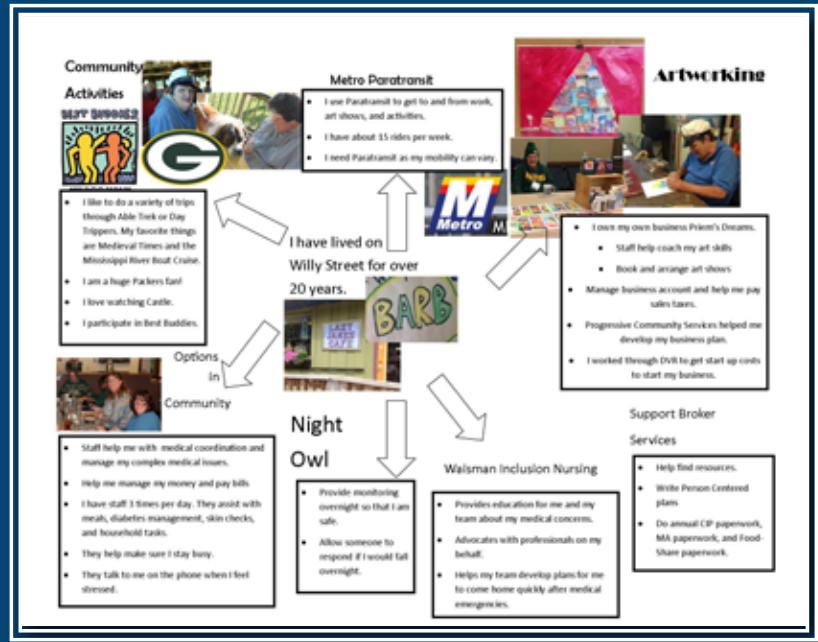






# Day Trippers





## ONE PAGE PROFILE (continued from page 4)

Your Support Broker might also ask for pictures of where you live and what you do to include on the One Page Profile. A profile can be done on the computer (as shown on the left) or by drawing (as shown on page 4). Likely someone on your team will keep track of what you talk about when you make the profile. The back of the profile should also include information about how much services cost and what goals you have. The process can help you understand your supports and how they are paid. Think about the supports that mean the most to you and what you may not want to change. The profiles can be altered as pieces of your life change. Remember everyone's profile will look different.

# 2017 AVENUES CALENDAR

Our office will be closed in observance of the following holidays:

Monday, January 2	New Year's Day
Monday, January 16	Martin Luther King Jr. Day
Monday, May 29	Memorial Day
Tuesday, July 4	Independence Day
Monday, September 4	Labor Day
Thursday, November 23	Thanksgiving Day
Friday, November 24	Day After Thanksgiving
Friday, December 22	Christmas Eve
Monday, December 25	Christmas Day
Friday, December 29	New Year's Eve

## LOV-DANE & ARC

### Learning Series:

Family Care/IRIS

January 31, February 23, March 30

LOV-Dane and The Arc-Dane County are co-hosting a series of learning opportunities about Family Care and IRIS.

Topics and location are TBD.

Recordings of previous sessions can be found at <http://lovdane.org>.

# GIFT GIVING



Avenues to Community, Inc. would like to thank everyone for their financial support throughout the year. As you think about your year-end gift giving, please consider making a tax deductible donation to Avenues to Community, Inc. We have now made the gift of giving easier by adding a PayPal "Donate" button at the bottom of our website at [avenuestocommunity.com](http://avenuestocommunity.com). After making your donation, you will receive a letter acknowledging your gift.



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SERVING INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES AND TRAUMATIC BRAIN INJURIES

